

## Short communication

Transforming growth factor- $\beta_1$  induces apoptosis via connective tissue growth factor in human aortic smooth muscle cellsKeiichi Hishikawa<sup>\*</sup>, Toshio Nakaki, Tomoko Fujii*Department of Pharmacology, Teikyo University School of Medicine, Kaga 2-11-1, Itabashi-ku, Tokyo 173-8605, Japan*

Received 22 July 1999; received in revised form 22 October 1999; accepted 29 October 1999

**Abstract**

We examined the possible involvement of connective tissue growth factor (CTGF) in the apoptosis induced by transforming growth factor- $\beta_1$  (TGF- $\beta_1$ ) in human aortic vascular smooth muscle cells (HASC). In quiescent HASC, TGF- $\beta_1$  induced the mRNA and protein of CTGF. A CTGF antisense oligonucleotide inhibited this induction. TGF- $\beta_1$  significantly reduced cell viability and induced DNA fragmentation, and the CTGF antisense oligonucleotide reversed these effects. Moreover, TGF- $\beta_1$  activated caspase 3 in HASC, and the CTGF antisense oligonucleotide reduced this activation. These findings show that CTGF plays a key role in the TGF- $\beta_1$ -induced apoptosis in HASC. © 1999 Elsevier Science B.V. All rights reserved.

**Keywords:** CTGF (connective tissue growth factor); TGF- $\beta_1$  (transforming growth factor  $\beta$ ); Apoptosis; Caspase; Antisense oligonucleotide

**1. Introduction**

Transforming growth factor- $\beta$  (TGF- $\beta$ ) is a cytokine produced by many cell types (Border and Ruoslahti, 1992). Increased expression of TGF- $\beta$  in primary arterial and secondary restenotic lesions suggests that this cytokine has a role as a regulator of arteriosclerosis (Majesky et al., 1991). TGF- $\beta$  inhibits the proliferation and promotes the migration of vascular smooth muscle cells (Grainger et al., 1993). Although TGF- $\beta$  was classically reported to arrest growth in the G<sub>1</sub> phase of the cell cycle (Roberts et al., 1985), it has more recently been reported to play an important role as an inducer of apoptosis in a variety of cells (Oberhammer et al., 1993; Hsing et al., 1996; Hughes et al., 1996).

Connective tissue growth factor (CTGF) is expressed in very high levels in atherosclerotic, but not normal, human blood vessels (Oemar et al., 1997). CTGF expression is localized predominantly in non-proliferating cells. Recently, a TGF- $\beta$  responsive element was found in the CTGF gene (Grotendorst et al., 1996), but the relationship between TGF- $\beta$  and CTGF in human vascular smooth muscle cells remains to be determined.

In this study, we attempted to clarify whether CTGF plays a key role in TGF- $\beta$ -induced apoptosis in human vascular smooth muscle cells.

**2. Materials and methods***2.1. Cell culture*

Human aortic vascular smooth muscle cells (Hishikawa and Lüscher, 1998) were purchased from KURABO (Tokyo, Japan). Cells were cultured in SmBM medium and passages 4–8 were used for the experiments. All experiments were performed after a 48-h incubation in Dulbecco's modified eagle medium (GIBCO BRL) with insulin–transferrin–selenite supplement (Sigma, St. Louis, MO, USA).

*2.2. Preparation of antisense, sense and scramble oligonucleotides of CTGF*

A CTGF antisense oligonucleotide was constructed with a 16 mer derived from the starting translation site, which contained the initial ATG of the 5' (sense) and 3' (antisense) end. The sequences were as follows: the antisense, 5'-TACTGGCGGCGGTCAT-3' (Shimo et al., 1998); the sense, 5'-ATGACCGCCGCCAGTA-3' (Shimo et al., 1998); the scramble, 5'-GGTCTAGCTTGCGGAC-3' f.

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### 2.3. Northern blot analysis

Total RNA was isolated with Trizol reagent (GIBCO BRL) according to the manufacturer's instruction (Hishikawa and Lüscher, 1997). A 0.6-kb cDNA fragment contained within the open reading frame of CTGF was used as probe. The membranes were exposed to Hyperfilm ECL (Amersham, UK) for 1 h at room temperature.

### 2.4. Western blot analysis

Polyclonal anti-CTGF antibody was a generous gift of Dr. Roel Goldschmeding (Utrecht) (Ito et al., 1998). The primary antibody was used at 1:250 times dilution. To ensure that an equal amount of protein loading was loaded, Coomassie brilliant blue staining was performed before blotting. The membranes were finally visualized by using the ECL kit (Amersham, UK) (Hishikawa and Lüscher, 1997).

### 2.5. Cell viability assay

Cell viability was assessed by using a MTT kit (Boehringer Mannheim, Germany) according to the manufacturer's instruction.

### 2.6. DNA fragmentation assay

Enrichment of mononucleosomes or oligonucleosomes in human aortic vascular smooth muscle cells was quantitatively determined by sandwich-enzyme immunoassay with a cell death detection ELISA kit from Boehringer Mannheim (Germany) according to the manufacturer's instruction.

### 2.7. Caspase 3-like activity

Caspase 3-like activity was determined with the caspase 3 assay kit (BIOMOL, PA, USA) which detects chromophore *p*-nitroanilide after cleavage from the labeled substrate *N*-acetyl-Asp-Glu-Val-Asp-*p*-nitroanilide.

### 2.8. Statistics

Statistical evaluation of the data was performed by analysis of variance followed by Fisher's test.  $P < 0.05$  was considered significant.

## 3. Results

As shown in Fig. 1, TGF- $\beta_1$  (5 ng/ml for 48 h) strongly induced CTGF mRNA (Fig. 1A) and protein (Fig. 1B) in quiescent human aortic vascular smooth muscle cells. This induction, however, was inhibited by co-treat-

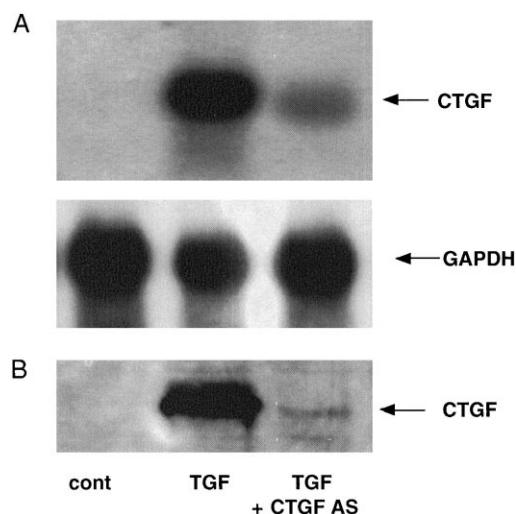


Fig. 1. (A) Northern blot of CTGF mRNA induced by TGF- $\beta_1$ . After 48 h under serum-free conditions, the cells were incubated with TGF- $\beta_1$  (5 ng/ml) in the absence and presence of the CTGF antisense oligonucleotide (20  $\mu$ g/ml) for 48 h. The lower panel shows the blot of GAPDH. TGF represents TGF- $\beta_1$  (5 ng/ml), CTGF AS, the CTGF antisense oligonucleotide (20  $\mu$ g/ml). (B) Western blot of CTGF protein induced by TGF- $\beta_1$ . After 48 h under serum-free conditions, the cells were incubated with TGF- $\beta_1$  (5 ng/ml) in the absence and presence of the CTGF antisense oligonucleotide (20  $\mu$ g/ml) for 48 h. In each lane, 20  $\mu$ g of protein was loaded. TGF represents TGF- $\beta_1$  (5 ng/ml) and CTGF AS, the CTGF antisense oligonucleotide (20  $\mu$ g/ml).

ment with the CTGF antisense oligonucleotide (20  $\mu$ g/ml) (Fig. 1A and B).

Next we tested whether TGF- $\beta_1$  caused cell death in HASC *via* CTGF, using the CTGF antisense oligonucleotide. Although the CTGF antisense oligonucleotide alone (20  $\mu$ g/ml) had no effect, TGF- $\beta_1$  (5 ng/ml) significantly reduced cell viability and this effect was reversed by treatment with CTGF antisense oligonucleotide (10–20  $\mu$ g/ml) (Fig. 2A). CTGF sense (20  $\mu$ g/ml) and scramble (20  $\mu$ g/ml) oligonucleotides had no effect on TGF- $\beta_1$ -induced cell death (Fig. 2A). Moreover, as in the case with the cell viability, the CTGF antisense oligonucleotide alone (20  $\mu$ g/ml) had no effect on DNA fragmentation (Fig. 2B). TGF- $\beta_1$  significantly increased DNA fragmentation, but this effect was completely reversed by treatment with the CTGF antisense oligonucleotide (10–20  $\mu$ g/ml), not with the sense (20  $\mu$ g/ml) or the scramble (20  $\mu$ g/ml) oligonucleotides (Fig. 2B).

Caspases are crucial components of cell death pathways. Among the caspases identified, caspase-3 is the most important, because it is commonly activated by numerous death signals, cleaves a variety of important cellular proteins and is reported to cause DNA fragmentation (Janicke et al., 1998). The CTGF antisense oligonucleotide alone had no effect on caspase 3-like activity, but TGF- $\beta_1$  significantly activated it (Fig. 2C). The CTGF antisense oligonucleotide significantly reduced the TGF- $\beta_1$ -induced

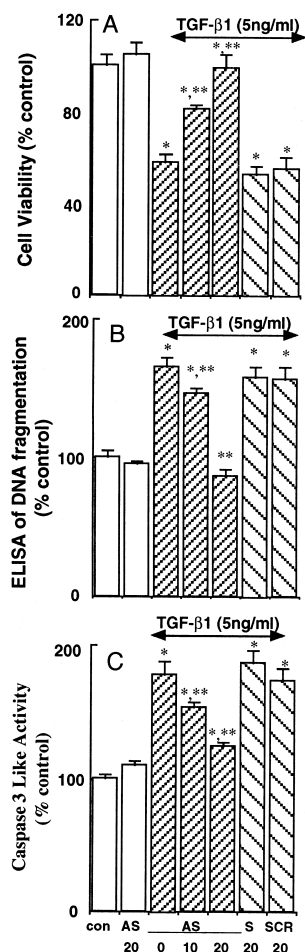


Fig. 2. (A) Effect of TGF-β<sub>1</sub> and CTGF antisense oligonucleotide on cell viability. Cells were incubated with or without TGF-β<sub>1</sub> (5 ng/ml) for 48 h in the absence and presence of CTGF antisense, sense and scramble oligonucleotide; con represents no treatment. AS, S and SCR represent antisense, sense and scramble, respectively. Values are means ± S.E.M. (*n* = 8). (B) Effect of TGF-β<sub>1</sub> and CTGF antisense oligonucleotide on DNA fragmentation. Experimental conditions and the abbreviations are the same with those in the panel A. Values are means ± S.E.M. (*n* = 8). (C) Effect of TGF-β<sub>1</sub> and CTGF antisense oligonucleotide on caspase 3-like activity. Experimental conditions and the abbreviations are the same with those in the panel A. Values are means ± S.E.M. (*n* = 6). \**P* < 0.05 compared to con. \*\**P* < 0.05 compared to TGF-β<sub>1</sub> alone.

activation of caspase 3-like activity, but the sense and scramble oligonucleotides had no effect (Fig. 2C).

#### 4. Discussion

In the present study, we demonstrated that TGF-β induces apoptosis via CTGF in quiescent cultured human aortic vascular smooth muscle cells. Apoptosis plays an essential role in atherosclerosis (Haunstetter and Izumo, 1998), and TGF-β induces apoptosis in cells such as endothelial cells (Tsukada et al., 1995). Moreover, TGF-β appears to be most active in lipid-rich atherosclerotic lesions, and also limits smooth muscle cell proliferation in

fatty lesions (Bobik et al., 1999). These results strongly suggest that TGF-β may induce apoptosis in vascular smooth muscle cells, but the mechanisms underlying apoptosis are poorly understood. CTGF is a good candidate as effector molecule in TGF-β-induced apoptosis, but no specific inhibitors of CTGF are available. Thus we used the CTGF antisense oligonucleotide to clarify the interaction between TGF-β and CTGF. In the present study, the CTGF antisense oligonucleotide dose dependently reversed TGF-β<sub>1</sub>-induced apoptosis. Control experiments with the sense and scramble oligonucleotides showed that these oligonucleotides had no effect on TGF-β<sub>1</sub>-induced CTGF induction and apoptosis, suggesting that there was a specific effect of CTGF antisense oligonucleotide in TGF-β<sub>1</sub>-treated cells. Moreover we have recently reported that the overexpression of CTGF gene induces apoptosis in human aortic vascular smooth muscle cells (Hishikawa et al., in press). Taken together, TGF-β<sub>1</sub>-induced apoptosis is, at least in part, mediated through CTGF in human aortic vascular smooth muscle cells.

Although TGF-β<sub>1</sub> not only promotes but also inhibits the proliferation of vascular smooth muscle cells (Grainger et al., 1993), only lesion growth was reported in previous studies using TGF-β<sub>1</sub> protein and gene delivery (Majesky et al., 1991; Nabel et al., 1993; Schulick et al., 1998). Overexpression of TGF-β<sub>1</sub> in the arterial vascular wall promotes intimal proliferation, but its withdrawal is associated with regression of vascular lesions accompanied by apoptosis in vascular smooth muscle cells (Schulick et al., 1998). The mechanism of these two divergent actions of TGF-β<sub>1</sub> is still unclarified, but our results may help us to understand this issue. During the period of TGF-β<sub>1</sub> overexpression, the possible direct effect on growth of TGF-β<sub>1</sub> may dominate the induction of apoptosis by CTGF. In the TGF-β<sub>1</sub> withdrawal phase, CTGF, which has been induced by TGF-β<sub>1</sub>, may work alone and induce apoptosis in the lesions. In fact, CTGF is expressed at very high levels in atherosclerotic but not proliferative lesions (Oemar et al., 1997).

In summary, our data suggest an intermediate role for CTGF in the pathogenesis of vascular diseases in which TGF-β<sub>1</sub> plays a key role. CTGF is a new potential target for a therapeutic intervention for atherosclerosis.

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